

TradeNet® News

Your G2B trading partner

A quarterly publication by KenTrade



Effective Trade Facilitation in the Covid - 19 Era

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VISION

Making a difference in Trade Facilitation

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MISSION

To facilitate trade by simplifying, harmonizing and automating business processes through management of the TradeNet System and provision of related services for Kenya's global competitiveness.

CORE VALUES

In an endeavor to realize its vision and mission, the Agency upholds the following core values:

•Customer Centric

We commit to provide the highest standards in service delivery and customer experience to all our stakeholders.

Transparency

We commit to act in an honest, transparent and responsible manner in discharging our mandate whilst maintaining the highest degree of accountability.

• Excellence

We commit to ensure that all our operations are undertaken in a manner that facilitates efficiency and effectiveness in service delivery.

Innovation

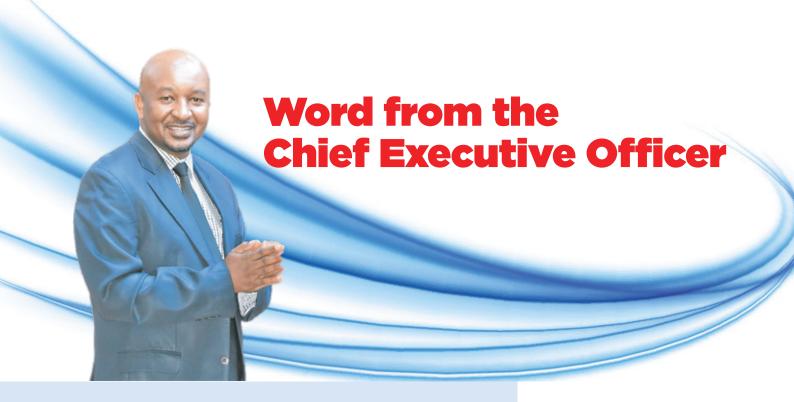
The Agency will be a learning organization that embraces change and continuously integrates creativity and innovation in its business systems, processes and services.

One KenTrade

The staff and the Board of KenTrade shall work as a team and nurture a performance driven culture.







Dear Readers,

I would like to share our heartfelt support and solidarity with you and your families. At Ken-Trade, the health and safety of our colleagues, customers, partners and the communities in which we operate is our priority. As Governments around the world implement measures to contain the Covid 19 health crisis, we also took strict precautions to protect our colleagues while taking precautions to stay safe, reduce transmission of the virus in order to protect our community.

We have put in place extensive plans to ensure business continuity and provision of tradefacilitation services. These include safeguarding and supporting staff who come to office to offer essential services fromoperating in split shifts to minimize exposure, providing special

arrangements for transportation where necessary, providing personal protective equipment among other measures. Our staff continue adhering to the Government guidelines from stringent sanitation and cleaning protocols, to work place social distancing which are aligned to the World Health Organization.

We have finalized and set to the launch Agency's 3rd 2020/21 - 2022/23 Strategic Plan which has been validated by our stakeholders and subsequently approved by the Ken-Trade Board of Directors. The 2020/21 - 2022/23 Strategic Plan like the previous plans is anchored on the Kenva Vision 2030 and its attendant Third Medium Term Plan (MTP III) as well as the Big Four Agenda.

The Agency's contribution towards achieving these goals

will be focused on the ease of doing business under the Manufacturing sector of the Big four Agenda to eliminate the challenges associated with trade documentation. More emphasis will also be on the blue economy to ensure effective participation in the implementation of Regional/International frameand works standards for sustainable use of aquatic and marine spaces including oceans, seas, coasts, lakes, rivers, and underground water.

Finally, I urge all of you to continue adhering to the necessary guidelines in order to stay safe and flatten the curve.

I wish you and your families well, and thank you for your continued cooperation in these challenging times.

Amos Wangora.



Why the National Single Window System is key during Covid-19 pandemic

By Tom Biegon

COVID-19 is a humanitarian crisis on a global scale. The virus continues to spread throughout the world, placing ports under unprecedented stress ensuring cargo movement is not interrupted. The human scale of this tragedy is set to worsen as the virus continues to spread to lower income countries with weaker healthcare systems. Despite the spread, there is need to keep trade flowing, both to ensure the supply of essential products and to send a signal of confidence for the global economy. Trade is essential to save both lives and livelihoods.

However keeping trade flowing requires cooperation and trust – for example, that the market will supply essentials, that countries will not impose export restrictions, and that imports do not pose health risks. The Electronic Single Window System in Kenya, (Kenya TradeNet System) managed by Kenya TradeNet Work Agency (KenTrade) is a key ingredient in the continuous supply of essentials.

COVID-19, being a highly contagious disease, needs non-contact electronic Systems in place to help in documentation and cargo clearance at the air/sea ports and land borders. With the Electronic Single Window modules having all been rolled out long before Coronavirus pandemic, the international trade in Kenya continues to thrive with less interruptions and with reduced risk of human contact. The System allows customers to process their import and export documents without having to visit the offices physically.

It is accessed by 42 stakeholders which includes 35 Partner Government Agencies and over 10,000 users. The KenTrade services that stakeholders and customers receive electronically in this COVID-19 times include:

- a. Non interrupted Customer support through the con tact Centre via call, email, social media and chats
- b. Secure password reset for the user by self or through the contact Centre admins
- c. Electronic mapping of documents with other Part ner Government Agency systems
- d. Electronic application for registration of new Single

Window System users

- e. Access to the System through the portal links available on the KenTrade website
- f. Application of permits from any location
- g. Processing of the Electronic Permits by the relevant PGAs from any location
- h. Submission of Impending Arrival Report (IAR)/Mani fest/Baplie/Delivery Orders Cargo Declaration
- i. Registration of Vessel Particulars
- j. Risk Management Module for PGAs
- k. Electronic Manifest Submission
- I. Electronic Payments linked to Financial Institutions
- m. Electronic Cargo Release
- n. Reports and Statistics

All these electronic services are critical for Kenya to honour its commitments to notify trade-related measures taken in response to COVID-19 to the World Trade Organisation (WTO).

According to the Organization for Economic Co-operation and Development (OECD) standards, there are some practical things that every state can do to keep trade flowing and support the fight against COVID-19. Key among them includes speeding up border checks for medical products and food and minimizing the need for physical interaction between Customs and other border officials and traders at the borders, by digitizing processes to possible extents. This is exactly what the Electronic Single Window System has achieved over the past 6years.

In spite of the global pandemic, there is hope for a brighter tomorrow and the Government is undoubtedly doing the best by implementing measures to help fight the pandemic. The measures include enhancement of KenTrade's Single Window System to reduce physical contact hence increasing confidence among traders to continue with international trade.

The writer is KenTrade's representative at the Kenya-Tanzania One Stop Border Post (Namanga)

Covid - 19 Border Points Entry Mitigations

By Vincent Bwire

Ports of Entry and exit are areas highly affected by corona virus out-break in the world. The situa tion is majorly in Ports of entries in East Africa. Long queues of trucks have been witnessed in border towns of Busia, Malaba, Isebania and Namanga as each EAC government is trying to contain the spread of the virus into their country. The corona virus outbreak which began in late 2019 has evolved rapidly and globally and has been classified as a global pandemic by the World Health Organization (WHO). The spread-ing of the virus has led to border management agencies to play a critical role in averting the situation.

With over 2,800 cases confirmed of COVID-19 infected as of May 2020. East Africa Community unveiled a comprehensive COVID-19 response plan to reinforce measures to protect and prevent further spread of the pandemic. The guidelines contained in this pamphlet were derived from World Health Organisation, East Africa Community, and Interpol advisories applicable to law enforcement agencies especially border agencies with the aim to complement national guidelines to stop the spread of COVID-19.

Operating Checks at Borders were set out to, prioritize essential goods to mitigate covid-19 Pandemic, including: Food, fuel, medication, agricultural products and inputs,

Security supplies, emergency and humanitarian relief goods. Arrangements to screen or test all cross-border truck drivers at least twice per month or just before they com-mence their trip to neighboring Partner State were also put in place. There are designate points along the transit routes through-out the region where truck drivers and crew can recuperate without mingling with the local communities. These resting places were communicated to other Partner States and the EAC Secretariat who use Single Customs Territory processes particularly infor-mation technology systems to minimize human contact and physical exchange of documents. Commissioners of Customs and other Agencies are facilitating the movement of goods by allowing scanned documents in lieu of original documents that may take longer to be physically delivered.EAC recommended measures for officers at Border Crossing Points to ensure buildings are also disinfected. There are functional Port Health and quarantine areas, physical distancing of at least one meter between persons including officers.

Cargo clearance should be facilitated at all designated entry points by multi-agency teams including, customs, Standards bodies, Health, Immigration, Security, Police, Port/Border control in the one stop

center to minimize the time taken to clear goods, drivers and crew;

Any controls instituted by individual Partner States should be applied in a considerate and proportionate manner. Priority treatment must be given to cargo mitigating the COVID-19 pandemic; Trucks/Lorries carrying goods must have only 2-3 crew members to facilitate smooth border crossing.

These mitigations are to ensure that crew members (persons in trucks carrying goods) are in good health. If a crew member(s) is found to be at high risk or tests positive for COVID-19, the truck shall be decontaminated before it is allowed to continue to the final destination and crew members quarantined for 14 days.

In case crew members are quarantined while in transit. truck own-ers/operators are required to make necessary arrangements to back-up crew to ensure that goods are delivered to the Intend-ed destination. Truck drivers are required to declare their final destination and are urged to stop only at designated points along the transport corridors so as to limit chances of spreading COVID-19. Law enforcement may be involved in supporting public health control measures in a number of tasks.

The writer is in charge of Malaba/Eldoret Borders

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Chairman Suleiman Shahbal shares his story on failure and success, and inspiration to the youth



MP Abdulswamad Shariff during Mombasa Business Awards Gala

KenTrade Chairman Hon.Suleiman Shahbal (pictured) shares his inspirational story in these excerpts reproduced from an

interview he had with Ebru TV.

"I was born in Mombasa, schooled in Nairobi with among other friends (former cabinet minister) Musalia Mudavadi, studied in US and did my Bachelors degree in Finance at the university of Illinois and a Masters from the university of Colorado. I came back to Kenva and couldn't find a job. Later I relocated to the Middle East, Dubai where I worked for a number of years and rose to become head of private banking in City Bank, Middle East then came back to Kenya where I tried to go into business and then went bankrupt, spectacularly bankrupt, legally not bankrupt, but down below water.

I went back to the middle East, worked in a bank in Oman for 6 years and set up my own investment company where I did over a billion dollars in investment but in the process came back to Kenya and set up the Gulf Energy which is today the fourth largest oil company in the country. We set up Gulf Power, Gulf African bank, Gulf

Homes and Amo Power. In between I went into politics, contested to become Governor for Mombasa county and then came back into business. currently I hold a state position as Chairman for Kenya Trade Network Agency (KenTrade) making my contribution to the country.

The most important thing is to have the courage to be willing to fail, key to success is not entrepreneurship alone, the fundamental, of every success is commitment. Unfortunately, today I see too many of our young people not committed and honest. Our youth have a culture of easy money, people want to make and steal money but the process of working day in day out, year-end as part of fundamental success is missing. The culture of stealing money doesn't work. What's the reason for falling and standing and finally falling and standing firm?

I keep telling university students that there are four levels of information; from the clueless man in the street, the guy who read about it in the newspapers, then the guy who makes the effort to go and do academic study, and study reports, journals e.g. World Bank

Reports. The fourth level is the one who creates the news. Once you have this level of information, you will be way ahead of others.

I always tell the youth to read, keep the right company and the right attitude.

Reach out to people who will inspire you. Focus on long term goals. I have failed many times before and you may fail along the way but don't give up. I don't know of any successful businessmen who has not experienced failure in life before.

I have serious reservation about the way our students are educated. Today we have fresh university graduates joining the job market with a bachelor degree in Business Administration yet they don't know how to use Ms excel. I mean that is an equivalent of learning how to read in business, if you don't know how to use excel you are to all intent and purposes illiterate.

My parents are from Lamu, and I have deep emotional attachment to Lamu. We focus on education, new schools, water supply and training. The people of Lamu are prepared for the jobs.

I am positive about my country Kenya. Of course, we have had our problems as a country, sometimes very negative but the country is now headed in the right direction. I went into politics because I have a burning desire to change people's lives. I firmly believe that the experiences I have had, the opportunities that I have had, give something to contribute to society. I have an obligation to contribute to society whether politically or economically as we head to 2022. I believe in reinventing myself every 5 years.

Cutting red tape on import and export procedures to enhance Trade facilitation

By Jane Musyoki

KenTrade and Kenya Plant Health Inspectorate service (KEPHIS) recently undertook a simplification of processes exercise which resulted in the reduction on the number of steps required to obtain a clearance certificate for exporting and importing of fresh or dry produce to Kenya. Today, the steps have been reduced by half and traders are now required to submit only 3 campared documents to requirements before the exercise. This translates to 62 % reduction of traders' transactional or administrative costs.

Prior to simplification, the registration process required one to complete a total of ten (10) steps and provide thirteen (13) required documents. The entire process took between ten (10) to twenty-eight (28) days to complete. Simplification of trade procedures involves the elimination of steps, redundancies, and duplication of requirements by looking at the current procedure against the laws (Acts and Regulations) that govern it. Additionally, simplification critically analyses the administrative burden cost incurred by

businesses while applying for certificates, licences and permits for export and import and their relevance in the process.

Simplifying KEPHIS' registration procedure has not only impacted the total number of steps involved in the export of coffee, tea, flowers, beans, peas, avocados, nuts and oil crops products, cotton, sisal etc., but has also significantly reduced the administrative burden cost incurred by businesses in the registration procedure from KES 40,197.35 (US\$ 375.5) to KES 15,

(Continued on page 8)



Export Cereals From Kenya With Ease

Through the Port of Mombasa













- + 254 709 950 000 / 254 20 4965000 customerservice@kentrade.gc.ke
- O @kenTrade_G2B

Register with Kenya Electronic Single Window System (KESWS) (KENTRADE) Obtain registration letter from Kenya Revenue Authority (KRA) Obtain certificate of origin from KRA (depending on the export market i.e. EAC, EU, COMESA, AGOA or GSP) Obtain Phytosanitary certificate from KEPHIS Pre-clearance documentation (contract a registered Clearing Agent) Obtain passed clearance entry from KRA 8 Obtain KEPHIS release Obtain export health certificate from Port Health Services 10 Obtain Port Health Services release 11 Obtain KRA release Obtain Kenya Ports(KPA) Authority release

Obtain export certificate from Kenya Revenue Authority

Register with Kenya Plant Health Inspectorate Service (KEPHIS)

287.29 (US\$ 142.8) therefore saving each business wishing to trade any type of plant products a total of KES 24, 910.06 (US\$232.7). These simplification results were achieved without changing any law and

/or regulation on the existing Act. Identifiction of the cumbersome and lengthy procedure for exporting and importing fresh and dry produce was done following workshops that were held between the KEPHIS,

(Continued from page 7)
National Trade Facilitation Committee (NTFC) and KenTrade.
These workshops provided an opportunity to analyze the procdures that were documented on InfoTradeKenya (InfoTradeKE) portal.



Promoting Safe Trade Facilitation Post Covid-19





UNCTAD's ten-point plan to help Kenya & other trade economies survive COVID-19



By Samwel Rambaya

Recently, the United Nations Con-(UNCTAD), issued a 10-point action plan to help trade economies effectively manage stress on global trade and transport caused by COVID19 pandemic. The measures cover maritime transport, customs operation, transit, transparency, legal, technology as well as paperless trade processes. UNCTAD hopes to ensure the free flow of goods and essential supplies during the global crisis. UNCTAD's director of technology and logistics Sirimanne is quoted in a statement published on the organization website as saying Action Plan were con- • Facilitate cross-border transport crete measures to facilitate transport and trade while protecting people from contracting COVID-19.KenTrade in partnership with the Government and regional bodies such as TradeMark East Africa and East Africa Business Council is promoting trade safety with relevant guidelines published on www.infotradekenya.go.ke for business community involved in imports and export trade. The aim is to ensure that the trade logistics industry including transport, ports and border agencies are operational.

UNCTAD Secretary-General, Dr Mukhisa Kituyi has been resolute in his ference on Trade and Development call that COVID must not stop "ships moving, ports open and crossborder trade flowing during this crisis period." According to UNCTAD, the 10-point action plan is rooted in organization's work with both international policy experts and operators on the ground, through its trade facilitation, customs automation and maritime transport programmes.

The plan calls for policies that:

- Ensure uninterrupted shipping
- · Keep ports open
- Shamika Protect international trade of critical goods and speed up customs clearance and trade facilitation

 - Ensure the right of transit
 - Safeguard transparency and up-to-date information
 - Promote paperless systems
 - Address early-on legal implications for commercial parties
 - Protect shippers and transport service providers alike
 - Prioritize technical assistance

UNCTAD expects its stakeholders in T. F and Government Agencies to give priority to these measures as they require further investment in human, institutional and technological capacities.

What you should know about the Maritime Single Window

By Mwanaulu Issa

Kenya is a key transport hub for the East African Community (EAC) serving Northern Corridor and EAC Partner States such as: Uganda, Rwanda Burundi, DRC, Southern Sudan and Northern Tanzania through the port of Mombasa. In 2017, The Port of Mombasa handled approximately 1,700 vessels which transported over 30 Million tons of imports and exports.

The Government of Kenya has therefore been at the forefront of streamlining international trade procedures and documentation through automation National Electronic Single Window System also known as Kenya TradeNet System. While TradeNet is effective in cargo clearance procedures, the procedures in relation to ship, crew, passengers and luggage still remain manual, duplicated and prolonged. Currently the clearance procedures and documentation for ships, crew, passengers luggage are quite lengthy, decentralized and to some extent disintegrated. Moreover, the ship to shore pre-clearance procedures have not been fully automated. Consequently, this has affected the ship turnaround time and increased costs at the port of Mombasa.

The 39th session of the IMO FAL committee held in April 2014 discussed and made recommendations for the set-up of Maritime Single Window (MSW) systems by member states in order to automate the FAL recommendations for documentary requirements. Effective 8 April 2019, the IMO made it mandatory for ships and ports to exchange FAL data electronically encouraging use of the "maritime single window".

Based on the recommendations from IMO, the Kenya Maritime Authority which is the national body given the mandate to enforce FAL as it came into effect on 1st January 2018, set up the FAL Committee in January 2017. The committee was comprised of government agencies involved in facilitation of maritime traffic in relation to all documentary procedures at the port of Mombasa.

The Maritime Single Window (MSW) facilitates ship clearance procedures by providing a single online portal for the declaration of information on the arrival, stay and departure of ships between the shipping line/agent and approving government agencies involved in the process. It automates the ship clearance procedures at the Port of Mombasa for the following stakeholders: Kenya Maritime Authority, Kenya Ports Authority, Kenya Revenue Authority, Department of Immigration, Port Health, Kenya Plant Health Inspectorate Service (KEPHIS), Kenya Coast Guard, Firearms Licensing Board, National Environment Management Authority (NEMA) and Shipping lines/ agents.KenTrade was mandatto enhance the Kenya TradeNet System with an e-Maritime module to provide reliable automation of Maritime Single Window features such as the submission of FAL forms in order to ensure smooth end to end execution of passenger and ship clearance processes. Based on IMO's recommendation enhancement of electronic Trade Single Window Systems, Kenya Maritime Authority, the maritime regulatory authority charge of enforcement of IMO regulations, engaged KenTrade to enhance the existing TradeNet System to cater for Mari-time Single Window functions.

The Kenya MSW project was comissioned in April 2018 after the appointment of a joint project implementation team between Kenya Maritime Authority

and KenTrade. From April 2018 to date, the project implementation team engaged the maritime stakeholders through the National FAL committee and various stakeholder engagement forums to develop the maritime single window system. The system developed in compliance was with the IMO FAL compendium and the proto-type delivered by the system developer in January 2020. The MSW system testing was planned for March 2020 with April 2020 as roll out date.

The online UAT Cycle1 was held on 2-3 rd June 2020 as part of the project and rapid deployment plan as a response to COVID in order to ensure the system is tested and deployed to the frontline PGAs at the Port of Mombasa (KRA,KPA,KMA).

Dept of Immigration, Port Health) as a tool for the online / paperless submission of the FAL Forms for ship, crew and passenger clearance.

The second cycle of the User Acceptance Testing was successfully held online on 7th-8th July 2020.

The Project Implementation Team is currently working with the system developer to update the system as per the outcomes and feedback of the UAT in order for the system to be ready for training and piloting.

It is expected that the online system user training of six shipping lines/ agents identified as pilotees will be held on 18-19th Aug 2020 and consequently the Phase 1 Partner Government

Agencies (KPA, KRA, KMA, Port Health, department of Immigration) online system user training will be conducted on 25-26th Aug 2020 in order for the system piloting to commence on 1st September 2020 with the group of targeted pilotees identified.

Regional Electronic SWS - Progress within the EAC States

By Evelyn Wamae

Over the years, the United Nations Center for Trade Facilitation and Electronic business UN/CEFACT has been proposing several solutions and policy recommendations to support Governments and businesses in improving their Single Window Systems to facilitate international trade.

According to UN/CEFACT Recommendation 33, a Single Window is defined as a facility that allows parties involved in trade and transport to lodge standardized information and documents with a single entry point to fulfil all import, export, and transit-related regulatory requirements. This laid the foundation for establishing a Single Window environment.

Since then, a number of developments aiming at making Trade Facilitation more effective have been implemented or initiated for effective exchange of information at Government to Government, Business to Government and Business to Business level. These include, among others, the adoption of the WTO Trade Facilitation Agreement (TFA). evolvina regional and national priorities, as well as the continuing advancement of technology.

Within the East Africa Community, countries such as Kenya, Rwanda and Uganda have implemented the Electronic Single Window Systems (SWS) while other East African Community countries are at various levels of implementation to assist in document processing

to facilitate faster clearance of cargo for a seamless import and experience. Already export tremendous benefits within some FAC. countries have witnessed as a result of this imple-These mentation. enhanced compliance, improved efficiency as a result of transparent and predictable processes. reduced bureaucracy, faster clearance times, and savings to the economies amongst others.

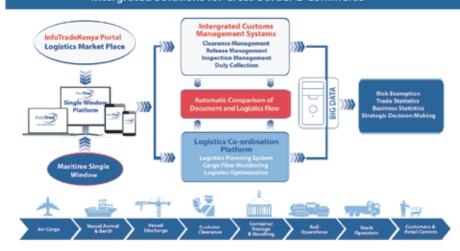
To assist in efficient trade processing, the EAC countries embarked on an initiative to integrate the SWS within the region to enable seamless sharing of data for efficient document processing and faster clearance of cargo. To undertake this initiative, the EAC Secretariat procured a consultant to undertake a study with a view to determining the strategy and implementation plan for integration. The study will evaluate and design the legal framework to

among other things regulate exchange of information and data protection and promotion of e-governance. It is also expected that the infrastructure will be evaluated to determine where each country is at, the infrastructure in place and current security levels.

Additionally, various implementation strategies and options will be reviewed and connectivity designs will be developed to ensure that a flexible ICT solution is implemented to achieve high levels of connectivity to enable seamless flow and exchange of information. The consultant is expected to review capacity building requirements as well as funding for implementation and maintenance of the system. It is expected that the implementation process will be undertaken in the shortest time possible once all the requirements and necessary procedures and processes are completed.

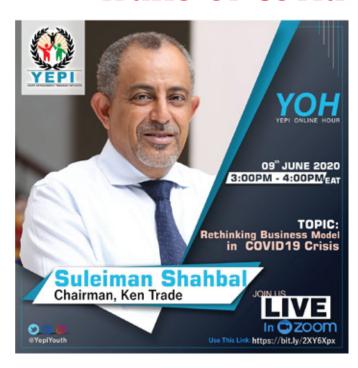
SINGLE WINDOW SYSTEM ENVIRONMENT

Intergrated Solutions for Cross Border E-Commerce



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Trade Facilitation activities in the wake of Covid -19'









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IEA 13th Webinar





Stay Online... Stay Safe!

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Pidorial



Cabinet Secretary Trade and Industry Betty Maina (Centre) with KenTrade CEO Amos Wangora and Director Gilbert Langat during a courtesy call to the Cabinet Secretary to discuss how to enhance trade facilitation in the wake of Covid 19.



KenTrade Chairman Suleman Shahbal, Board members and a section of senior staff pose for photo session with the Kenya Bureau of Standards Board members during a visit to KEBS. The two institutions discussed areas on mutual collaboration in trade facilitation



KenTrade staff members partnered with Nairobi Green Line to plant trees 1,400 tree at the Nairobi National Park as part of environmental conservation. The exercise was done on in May 14.2020.



KenTrade, Data Analyst/Statistician Antony Muchene poses with his classmates after completing Master in International Trade Law at Lim International Trade Law at International Conference on International Law and Organizations (ICILO) in Italy.



Participants drawn from KenTrade, Partner Government Agencies and GIZ during training on Risk Management Module. The training was organized by KenTrade and supported by GIZ



Security expert demonstrates how evade guns shots during a sensitization on security matters organized for staff members at the Agency premises

KenTrade drives Environmental Sus tainability agenda

By Sylvia Njeri

In June 2016, KenTrade partnered with the Nairobi Greenline to plant trees around the Nairobi National Park. Since then, the Agency has been planting trees in the expansive park every year. This year was no exception, despite the Covid-19 pandemic challenges. The Agency planted 1400 trees in the park on May 21, 2020

The Nairobi Greenline programme started in 2009 as a collaborative initiative of the Kenya Association of Manufacturers (KAM) and the Kenya Wildlife Service (KWS). The objective was to establish a protective border between Nairobi National Park and the Industrial Area. Despite its relatively small size of 110kms or 11,000hectares, Nairobi National Park is host to an extraordinary richness in animal species including lions, cheetahs, rhinos, buffalos, and leopards. It is also home to the world-famous Elephant Orphanage, where young orphaned elephants are nursed back to health after the trauma of being attacked by poachers.



State of World Environment during Covid 19 crisis



By Danson Maina

The World Environment Day celebration that was held on June 5, 2020 was marred by the global crisis of COVID19 pandemic which has brought the world screeching to a near halt. Medical workers continue to bravely battle with a pandemic that relentlessly hammer the global and national economies as scientists race to find a vaccine to halt the rising loss of human lives.

Amidst the ensuing chaos, there exists an opportunity to re-look at the relationship with our environment as well as seek solutions to how we can prevent further damage to the environment during the crisis as well as post the pandemic. The theme for World Environment Day, 5 June 2020 is biodiversity — a call to action to combat the accelerating species loss and degradation of the natural world. World Environment Day urges us to rethink how our economic systems have evolved and the impact they have on the environment. These are issues the world cannot lose sight of even as we tackle the coronavirus pandemic and the ongoing climate crisis.

Kenya has a large diversity of ecological zones and habitats, including lowland and mountain forests, wooded and open grasslands, semi-arid scrubland, dry woodlands, and inland aquatic, as well as coastal and marine ecosystems.

Even during this moment of crisis, we must ensure that we promote and engage in efforts to conserve and preserve our biodiversity, especially that within our immediate environment at this time of restricted social movements and interactions.

The COVID 19 pandemic is a reminder that human health is linked to the planet's health. Coronaviruses are zoonotic, meaning they are transmitted between animals and people and research shows that these diseases are on the rise.

Sixty per cent of all known infectious diseases in humans are zoonotic, as are 75 per cent of all emerging infectious diseases. Scientists predict that if we do not change our behavior towards wild habitats, we are in danger of more virus outbreaks. To prevent future zoonoses, we must address the multiple threats to ecosystems and wildlife, including habitat loss and fragmentation, illegal trade, pollution, invasive species and increasing climate change. World Environment Day aimed at inspiring everyone to make their voices heard.

Courtesy Sources: UN, UNEP, UNCTAD, NEMA & Convention on Biological Diversity

HIV/AIDS Health Watch

HIV is a disease that does not discriminate. Anyone can contract this disease, which is why it is important to be AWARE of how to protect ourselves and prevent the transmission of HIV. In this issue, we focus on the symptoms of HV & AIDS.

What are the symptoms of HIV & AIDS?

HIV is the virus that causes AIDS. AIDS stands for Acquired Immune Deficiency Syndrome. HIV and AIDS are not the same thing and people with HIV do not always have AIDS. HIV is the virus that's passed from person to person. Over time, HIV destroys an important kind of cell in your immune system (CD4 cells or T cells) that helps protect you from infections. When you don't have enough of these CD4 cells, your body can't fight off infections the way it normally can. AIDS is the disease caused by the damage that HIV does to your immune system. You have AIDS when you get dangerous infections or have a super low number of CD4 cells. AIDS is the most serious stage of HIV, and it leads to death over time. Without treatment, it usually takes about 10 years for someone with HIV to develop AIDS. Treatment slows down the damage the virus causes and can help people stay healthy for several decades. People with HIV don't usually have symptoms right away, so they may not know they have it. It can be years before HIV makes you feel sick.

Early HIV symptoms

People usually look and feel totally healthy for a long time after they're infected. It can take 10 years or more for HIV to show any symptoms - or much, much longer than that for people who take HIV medicines. That's why it's really important to get tested for HIV regularly, especially if you've had unprotected sex or shared needles. HIV treatment can help you stay healthy. Treatment can also lower or even stop your chances of spreading HIV to other people during sex. The first 2-4 weeks after being infected with HIV, you may feel feverish, achy, and sick. These flu-like symptoms are your body's first reaction to the HIV infection. During this time, there's a lot of the virus in your system, so it's really easy to spread HIV to other people. The symptoms only last for a few weeks, and then you don't have symptoms again for years. But HIV can be spread to other people — whether or not you have symptoms or feel sick.

Later HIV/AIDS symptoms

HIV destroys cells in your immune system called CD4 cells or T cells. Without CD4 cells, your body has a hard time fighting off diseases. This makes you more likely to get really sick from infections that usually wouldn't hurt you. Over time, the damage HIV does to your immune system leads to AIDS. You have AIDS when you get rare infections (called opportunistic infections) or types of cancer, or if you've lost a certain number of CD4 cells. This usually happens about 10 years after getting HIV if you don't get treatment. Some signs of AIDS include getting bad infections, frequent headaches, losing lots of weight quickly, bruising more easily than normal, feeling short of breath, skin rashes, thrush among others. Treatment can delay or even prevent you from ever developing AIDS.



Why you should physically exercise your body

By Sylvia Njeri.

If the risks associated with being inactive are substantial, so are the benefits associated with regular exercise. Here are some of the benefits of physical exercise:

Exercise improves physical health. Physically active individuals have a much better health outlook than their sedentary peers. Even modest regular physical activity has a positive influence on people's health and vitality. A minimum of 20 to 30 minutes of moderate activity a day most days of the week will benefit health and assist with weight loss. A formal workout is not necessary to have these benefits; a brisk walk will suffice (although a more vigorous workout will suffice that much more).

Exercise reduces risks for serious illness. Exercise reduces risks of developing and dying of illnesses such as heart disease. It does this by lowering illness risk factors such as triglyceride and overall cholesterol levels, while improving the level of HDL (the "good" cholesterol which is thought to reduce the risk of heart disease). Weight-bearing exercise and strength training activities help to maintain or increase bone mass, reducing a person's risk for osteoarthritis and associated bone fractures. Arthritics who exercise often experience more strength and flexibility in their affected joints as well as a reduced pain level. Regular exercise also lowers resting blood pressure rates for hours after an exercise session is over. In addition, moderate exercise may significantly reduce the risk of developing type II diabetes. Regular walking of over a mile a day has been shown to reduce the risk of stroke significantly. Exercise even appears to reduce the risk of developing some cancers, especially breast and colon cancer.

Exercise increases energy and vitality feelings. The feeling of increased energy and vitality is one of the first things people tend to notice a few weeks after beginning to work out on a regular basis.

Exercise helps people perform daily life activities more easily. Physically fit people are stronger, healthier and more energetic than sedentary people. They are able to solve problems more readily, deal with stress more effectively, think faster and remember things more efficiently.

Exercise helps people to lose and maintain weight. An exercise session burns calories and elevates metabolic rate both during exercise and then for hours after exercise is completed. It helps to preserve and build lean muscle mass. It works to suppress appetite. All of these benefits work together to make exercise vital for maintaining weight loss.

Exercise improves mood. Exercise helps people to relax, improves sleep and reduces muscular tension. That glow of relaxation after a workout is restorative. Research shows that one of the best things a person can do when depressed is to force themselves to exercise. The mood elevation effect is immediate.

Exercise improves self-confidence. One of the reasons many individuals do not attempt an exercise program is because they feel they are not very athletic or coordinated. Once an exercise program is begun, however, these same individuals discover that they are indeed able to work out successfully: gaining muscle tone and strength, improving their stamina, and improving how they feel emotionally. These revelations are very empowering. It is this increased sense of self confidence and improved sense of well-being that eventually becomes the sustaining force that helps people to continue their exercise program.

Exercise provides socialization opportunities. Exercising outside the home, whether in the great outdoors, at a gym or recreation center, in an exercise class, sport group, walking or running club, etc., all lead to encounters with other people who also enjoy working out. New acquaintances and friendships develop readily in such contexts. Over time, having the pleasure of one's exercise group's company becomes another reason to exercise.

Family relationships can benefit from exercise too. On days when the weather is nice, the entire family may enjoy a walk or the couple bike rides with the children in child seats behind the parents. If the family is involved in that very active phase of rearing young children, a parent's exercise break between work and child responsibilities will likely help them to be a calmer, abler parent.



Coronavirus – Frequently Asked Questions

Coronavirus disease (COVID-19) is a new strain that was discovered in 2019 and has not been previously identified in humans. Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, the infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Standard recommendations to prevent infection spread include regular hand washing, covering mouth and nose when coughing, sneezing and avoiding close contact with anyone showing symptoms of respiratory illness. Here are some frequently asked questions about coronavirus

• Does it matter what type of soap I use to wash my hands?

Any kind of soap, used properly with water for the recommended 20 seconds of handwashing, will work to remove the virus that causes COVID-19, from your hands. And since we're dealing with a virus, antibacterial soap doesn't do anything extra to help. Soap has a hydrophobic end (meaning it repels and doesn't mix with water) that binds with oils, and breaks down the oily lipid molecules that make up the membrane of the virus. The virus breaks apart and becomes trapped in the soap bubbles, which wash away in the water.

· Is there benefit of using a face mask?

A face mask does not protect you from contracting the virus but can prevent someone carrying the virus from infecting others. Face mask can be used in places where it is not possible to avoid close contact, for example in public transport or stores. If you want to use a face mask, it is important to remember primary preventive measures as well, such as physical distance, washing your hands and following good coughing hygiene. Always handle the mask with clean hands. After use, you need to throw your face mask away or wash it.

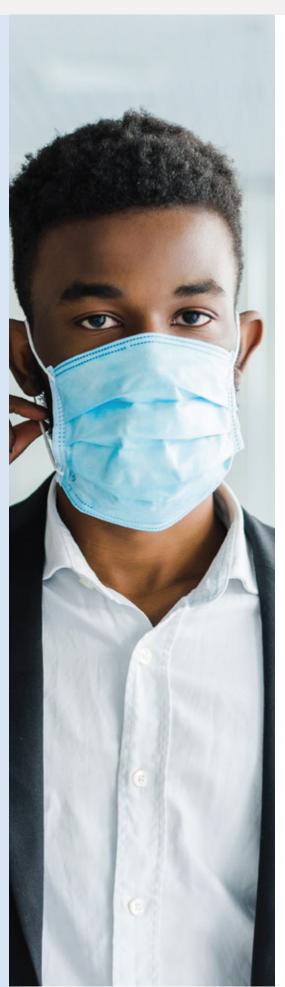
• What should I do to shop safely?

When shopping, the safest thing you can do is stay 6 feet away from other people at all times. If you see a crowded aisle, wait or come back later. While there's a chance the virus could be transmitted on a surface, "you're most likely to get this from another person. Try to shop where Social Distancing is enforced, such as making people stand 6 feet apart in line. Ordering groceries online can also be a good option, especially if you're in a high-risk category. But if you must go to the store it is recommended that you clean your shopping cart or basket—specifically the handles and other surface areas with disinfectant wipes.

Can cleaning products kill the COVID-19 virus?

Household cleaning products designed to fight viruses—i.e., not those labeled exclusively "antibacterial"—typically work against known coronaviruses, like strains that cause the common cold. So while most household products haven't been tested specifically against the novel coronavirus strain that causes COVID-19, it's safe to assume standard wipes and sprays will work pretty well against it. Use enough of a product to leave a surface wet for up to several minutes, then let it dry on its own. Read each product's label to make sure you're using enough. Regular upkeep, and periodically wiping down high-touch objects like light switches and doorknobs, should keep your home sufficiently clean.

Source: time.com





Our Development Partners















We thank you for your support.

Q2 FY 2019 - 2020 **19**



KENYA TRADE NETWORK AGENCY (KENTRADE) CITIZEN SERVICE DELIVERY CHARTER

NO	SERVICES	REQUIREMENTS TO OBTAIN	COST	TIMELINE
NO.	SERVICES	SERVICES	COST	THIVIELINE
1	Attending to walk-in Customers	Avail self to KenTrade Offices and specify the inquiry	No Payment Required	Within 5 Minutes
2	Telephone Inquiry	Make a Call to Agency Telephone Numbers	No Payment Required	Within 3 rings of the phone
3	Emails and social media	Email KenTrade <u>contactcentre@kentrade.go.ke</u> and Specify the inquiry	No Payment Required	Resolution within 8 Working Hours
4	Respond to physical letters	Address the letter to the Chief Executive Officer, KenTrade	No Payment Required	Within five working days upon receipt of the letter
5	Stakeholders Systems integration with the Kenya TradeNet System	Internal Processes automated/readiness	To be Agreed Upon with Stakeholder	l year
6	Training of stakeholders and Partner Government Agencies(PGA's) on the Kenya TradeNet System	Request for training	Kenya Shillings 10,000 Per Person for Nairobi and Mombasa Kenya Shillings 18,000 Per Person for Other Regions	3 Days
7	Sensitization of stakeholders and Partner Government Agencies(PGA's) on the Ken- ya TradeNet System	Potential users of the Kenya TradeNet System to request for sensitizations through Calls or email, however KenTrade will hold scheduled quarterly sensitization workshops.	No Payment Required	2-3 Hours per Session
8	Distribute approved manifests	Compliance with statutory regulations	No Payment Required	Within 10 Minutes
9	Generation of E-slip	Generate E-slip for IDF/Permits lodged through Kenya TradeNet System	No Payment Required	Within 10 minutes after application for IDF/Permit
10	Registration of vessel particulars	Register vessel particulars in Kenya TradeNet System	No Payment Required	Within 20 minutes after receipt of details of vessel particulars from the Ships agent
11	Respond to System Support issue raised by KRA, KPA and other stakeholders	Respond to all issue raised by Stakeholders	No Payment Required	Within 30 Minutes
12	Kenya TradeNet System user Creation, Password reset and Unregistering users	A filled registration form obtained from our website, Email requesting the password reset or deregistration	No Payment Required	Within 24Hours
13	Kenya TradeNet System Availability	Be a registered User of the Kenya TradeNet System	No Payment Required	24 Hours, 7 Days Week. 99.98% Availability
14	Notification of Scheduled Maintenance on the Kenya TradeNet System	Be a registered User of the Kenya TradeNet System	No Payment Required	48 Hours before the start of maintenance.
15	Marine Cargo Insurance	Submit MCI application on the TradeNet Portal	Determined by Insurance company	24 Hours
16	Maritime Single Window	Lodge FAL Form in the MSW for approval by PGA	No Payment Required	6 Hours
17	Availability of the InfoTrade Portal to traders	Access the Portal through the link (infotradekenya.go.ke)	No Payment Required	Immediate
		Request of documentation of a commodity procedures	Logging into www.infotrade.go.ke	
		Report of data inconsistency in the portal		
		Review of documented procedures		Within 5 days
		Availability of the InfoTrade Portal		Quarterly
				24hrs 7 Days a Week
18	Short Messaging Service (SMS)	Upon querying for permits and other consignment code using the TradeNet's short code	Ksh. 10 Per query	Immediate
19	Payment Of Suppliers	Avail Invoice/ Delivery Note, copy Of LSO/LPO	No Payment Required	Thirty (30) days after receipt of Invoice, Delivery note, LPO/LSO
20	i-Screen Kenya System	Access the Portal through the link (https://wls.	Banks - 23,800.00	Immediate
		gtnkenya.com/gtn/)	Insurance - 23,800.00	
		Request for registration Select subscription and pay its relevant fees	Commercial Cos - High Volume - 11,900.00	
		Proceed to scrutinize relevant companies from the portal	Commercial Cos- Standard Volume - 8,925.00	
			Commercial Cos - Low Volume 5,950.00	
			Digital Agent - 5,950.00	
			One-off Trader - 2,975.00	
			One off Importers - 1,190.00	

OUR CONTACTS

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REGIONAL OFFICES: Mombasa | Malaba | Busia | Isebania | Namanga



TAASISI YA MTANDAO WA BIASHARA YA KENYA MKATABA WA UTOAJI HUDUMA

HUDUMA	mahitaji ya kupata huduma	GHARAMA	MUDA
Kuhudumia wateja wanaokuja	Kujiwasilisha katika afisi za KenTrade na kuuuli- za maswali.	Hakuna malipo yanayohitajika.	Katika dakika tano.
Kuuliza kwa simu.	Piga simu kwa nambari za simu za Agenti.	Hakuna malipo yanayohitajika.	Kwa muda simu inapolia mara tatu.
Barua pepe na mitandao ya kijamii.	Tuma barua pepe kwa contactcentre@ken- trade.go.ke kisha uliza swali.	Hakuna malipo yanayohitajika.	Suluhisho katika kipindi cha masaa nane ya kufanya kazi.
Kujibu barua asilia.	Tuma barua kwa Afisa mkuu mtendaji, Ken- Trade.	Hakuna malipo yanayohitajika.	Katika siku tano za kuanya kazi taungu kupokewa kwa barua.
Kuunganisha mifumo ya wadau na mfumo wa TradeNet.	Michakato ya kindani kufanwa kuwa otomatiki/ utayarishwaji.	Kukubaliwa na mshikadau.	Mwaka mmoja.
Kutolewa kwa mafunzo kwa wadau na taasisi washiriki wa serikali kuhusu mfu- mo wa Kenya TradeNet.	Tuma maombi a mafunzo.	Shilingi elfu kumi kila mmoja jijini Nairo- bi na Mombasa. Shilingi elfu 18 kila mmoja kwa maeneo mengine.	Siku tatu.
Uhamasisho wa wadau na taasisi washiri- ki wa serikali kuhusu mfumo wa TradeN- et.	Watumiaji wenye uwezo wa mfumo wa Tra- deNet kutuma maombi ya hamasisho kupitia.	Hakuna malipo yanayohitajika.	Vikao vya masaa mawili au matatu.
	Simu au barua pepe, hata hivyo KenTrade itaandaa warsha za hamasisho zilizopangwa, kila robo mwaka		
Sambaza stakabadhi zilizoidhinishwa zenye taarifa ya meli na bidhaa.	Zingatia kanuni za kisheria.	Hakuna malipo yanayohitajika.	Katika dakika kumi.
Toa risiti kielektroniki.	Toa risiti kielektriniki ya IDF/ kibali kupitia mfu- mo wa Kenya TradeNet.	Hakuna malipo yanayohitajika.	Katika dakika kumi naada ya kuomba kibali au IDF.
Usajili wa maelezo kuhusu chombo.	Sajili maelezo kuhusu chombo katika mfumo wa Kenya TradeNet.	Hakuna malipo yanayohitajika.	Katika dakika ishirini baada ya kupokea taarifa kuhusu chombo kutoka kwa ajenti wa meli.
Jibu maswali ya msaada wa mfumo yanayoibuliwa na wadau wa KRA,KPA na wadau wengine.	Jibu maswali yote yanayoibuliwa na wadau.	Hakuna malipo yanayohitajika.	Katika dakika thelathini.
Unda mtumizi wa mfumo wa KenyaTra- deNet, kubadilisha nywila na kuwaon- doa watumizi.	Fomu ya usajili iliyojazwa kutoka kwa wavuti wetu, barua pepe inayoitisha kubalishwa kwa nywila au kuondoa mtumizi.	Hakuna malipo yanayohitajika.	Katika masaa 24.
Upatikanaji wa mfumo wa Kenya TradeNet.	Kuwa mtumizi aliyesajiliwa wa mfumo wa Kenya TradeNet.	Hakuna malipo yanayohitajika.	Masaa 24, siku 7 kwa wiki. Asilimia 99.98 ya upatikanaji.
Utambulisho wa ukarabati uliopangwa kwa mfumo wa Kenya TradeNet.	Kuwa mtumizi aliyesajiliwa wa mfumo wa Kenya TradeNet.	Hakuna malipo yanayohitajika.	Masaa 48 kabla ya kuanzwa kwa ukarabati.
Bima ya mizigo ya baharini.	Wasilisha ombi la MCI kwa jukwaa la TradeNet.	Hutathminiwa na kampuni ya bima.	Masaa 24.
Masuala ya moja kwa moja ya baharini.	Wasilisha fomu ya FAL katika MSW kuidhinishwa na PGA.	Hakuna malipo yanayohitajika.	Katika masaa 6.
Upatikanaji wa jukwaa la InfoTrade kwa wafanyibiashara.	Tumia jukwaa hilo kupitia kwa (infotradekenya. go.ke). Tuma ombi la michakato ya kupata stakabadhi	Hakuna malipo yanayohitajika. Ingia kwa wavuti www.infotrade.go.ke.	Mara hio hio/ mara moja.
	ya bidhaa.		Katika siku 5
	Ripoti kutofautiana kwa takwimu au data kwenye jukwaa.		Robo mwaka
	Pitia kumbukumbu za michakato.		Masaa 24, siku 7 za wiki.
	Upatikanaji wa jukwaa la InfoTrade.		
Huduma ya ujumbe mfupi.	Ukiuliza vibali na jumbe zingine kutumia mfumo wa ujumbe mfupi wa TradeNet.	Shilingi kumi kwa swali.	Mara moja.
Ulipaji wa wasambazaji bidhaa.	Wasilisha stakabadhi ya hesabu/invoice/rekodi ya utoaji/nakala ya LSO/LPO.	Hakuna malipo.	Siku 30 baada ya kupokea staka- badhi ya hesabu/rekodi ya hesabu, LPO/LSO.
Mfumo wa i-Screen	Tumia jukwaa kupitia (https://wls.gtnkenya.com/gtn/) Tuma ombi la usajili. Chagua usajili kisha lipa ada hitajika. Endelea kuchambua kampuni husika kutoka kwa jukwaa.	Benki – Shilingi 23,800.00 Bima- Shilingi 23,800.00 Biashara za viwango vikubwa - 11,900.00 Biashara za viwango wastani - 8,925.00 Bishara za viwango vya chini - 5,950.00 Ajenti wa kidijitali- 5,950.00 Mfanyibiashara wa wakati mmoja - 2,975.00 Muingizaji bidhaa wa mara moja - 1,190.00	Mara moja.

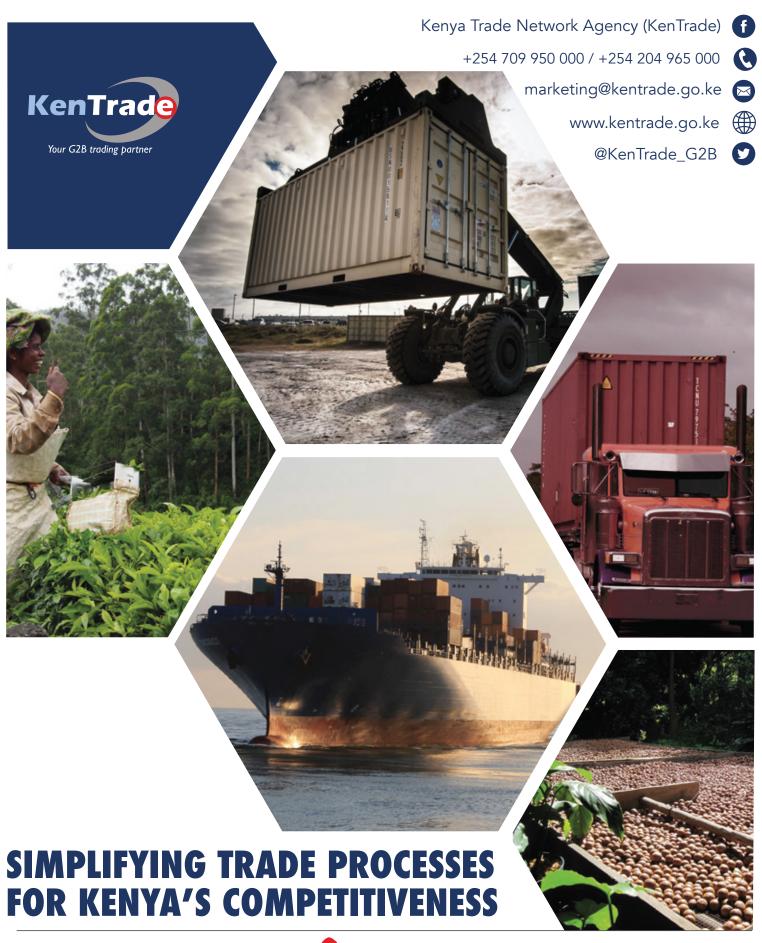
ANWANI

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SANDUKU LA POSTA: 36943 – 00200, Nairobi - Kenya

BARUA PEPE: customercare@kentrade.go.ke; kwa malalamishi tuma Barua Pepe: complaints@ kentrade.go.ke

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